



PICK A KIT. MAKE A MEAL HAPPEN.

How it works:

- 1: Choose a kit from the list.
 - 2: Shop the items (store brand welcome!).
 - 3: Drop off at Pantry locations or the CSSI Office with the kit name on the bag.
- Can't do a full kit? Any single item helps.*



Friendsgiving Feast

- 2 cans chicken OR 2 cans chickpeas
- 1 box stuffing mix
- 1 pouch instant mashed potatoes
- 2 cans green beans
- 1 can cream of mushroom soup
- 1 can corn
- 1 packet gravy mix
- 1 can cranberry sauce
- 1 qt shelf-stable broth
- 1 small cooking oil

Pro-tip: Pop-top cans if possible. If mushroom soup is out, swap for cream of chicken or a dairy-free cream soup.





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Veggie Harvest Feast

- 1 bag lentils
- 1 can diced tomatoes
- 1 small onion powder + garlic powder packet OR
- 1 chili/Italian seasoning packet
- 1 pouch instant mashed potatoes
- 1 packet mushroom or vegetarian gravy
- 2 cans green beans
- 1 can cranberry sauce
- 1 box cornbread mix
- 1 shelf-stable milk (for mash/cornbread)

Pro tip: If cornbread mix needs eggs, add 1 box egg replacer or choose a "just add water" mix





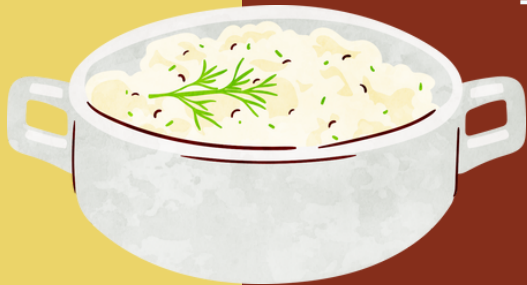
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Halal- and Kosher-Considerate Harvest

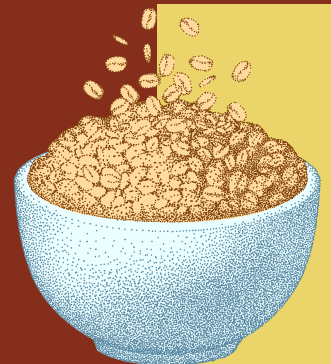


- 2 cans chickpeas or black beans
- 1 box rice pilaf or plain rice
- 1 pouch instant mashed potatoes
- 1 packet vegetarian gravy
- 2 cans green beans
- 1 can cranberry sauce
- 1 qt vegetable broth
- 1 small cooking oil

Pro tip: Look for certified labels, when possible. If unavailable, plant-based keeps it simple.

Next Day Brunch

- 1 canister oats OR 8 instant oatmeal packets
- 1 shelf-stable milk or alt milk
- 1 jar peanut or seed butter
- 1 bag dried cranberries or raisins
- 1 cinnamon mini



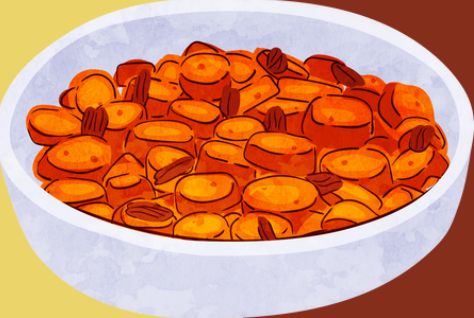


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No Stove Friendly Friendsgiving

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- 2 pouches chicken OR 2 cans beans (pop-top)
 - 2 microwave rice pouches
 - 2 instant mashed potato cups
 - 2 microwave mac and cheese cups
 - 2 cans green beans (pop-top)
 - 1 can corn (pop-top)
 - 1 packet microwaveable gravy
 - 1 can cranberry sauce

No Bake: Pumpkin Pudding Cups

- 1 can pumpkin puree
- 1 shelf-stable milk
- 1 box instant vanilla pudding
- 1 pumpkin pie spice mini
- 1 sleeve graham crackers

